

Program of Six Nations Camp 2017

Wednesday, 12.07.2017	
Up to 18:00	Arrival of the youth teams Take accommodations in the Großsporthalle and the Sporthalle of the Georg-Gaßmann-Stadium
From 14:00	Dinner for all the guests at the Sports Park
19:00	Opening ceremony with Lord Mayor Dr. Thomas Spies Entrance of tournament participants into the stadium Introduction of Twin Cities – Short spotlight 10 minutes for each Twin City
22:30	Overnight stay in the Großsporthalle and Sporthalle Georg-Gaßmann-Stadium
Thursday, 13.07.2017	
From 07:30	early-morning exercise
08:00 – 09:30	Breakfast at the foyer of the Großsporthalle
ab 10:30	Training session/workout
Meeting point: 12:30 Stadium assembly area	City tour
From 17:00	Sport activities at the Sports Park; where applicable, training session/ workout
19:00 – 20:30	Dinner at the Sports Park
Im Anschluss	Free time
From 22:30	Night's rest
Friday, 14.07.2017	
08:00 – 09:30	Breakfast at the foyer of the Großsporthalle
10:00	Training session/workout
12:30 – 13:30	Lunch at the foyer of the Großsporthalle
From 14:00	Marburg Olympics
From 19:00	Dinner at the Sports Park or at the foyer of the Großsporthalle
22:00 – 00:00	Integration in the Night Sports Project of the city
	Afterwards - Night's rest
Saturday, 15.07.2017	
08:00 – 09:30	Breakfast at the foyer of the Großsporthalle
From 10:00	Cross Training
12:30 – 13:30	Lunch on the premises of the Sports Park
15:00 – 22:00	Fun Tournament
From 19:00	Dinner at the Sports Park or at the foyer of the Großsporthalle
	Afterwards - Night's rest
Sunday, 16.07.2017	
08:00 – 09:00	Breakfast at the foyer of the Großsporthalle
From 10:00	Official Tournament
12:30 – 13:30	Lunch on the premises of the Sports Park
From 14:00	Official Tournament
18:00	Awards Ceremony
18:30 – 19:30	Dinner at the Sports Park or at the foyer of the Großsporthalle
From 20:30	Free time Afterwards – Night's rest
Monday, 17.07.2017	
From 07:30	early-morning exercise
08:00 – 09:30	Breakfast at the foyer of the Großsporthalle

Meeting point: 10:00 Stadium assembly area	Free choice Shopping/paddleboat Visit a swimming pool Training session/workout
From 17:00	Closing Ceremony with dinner and youth disco
From 22:00	Night's rest
Tuesday, 18.07.2017	
08:00 – 09:30	Breakfast at the foyer of the Großsporthalle
Wednesday, 19.07.2017	
08:00 – 09:30	Breakfast at the foyer of the Großsporthalle
	Departure of guests (throughout the day)

Stand: 30.06.2017